

## A SYSTEM-BUILDER

People who have been sick, need a tonic to help them regain their strength. After severe illness, you know the tired, weak, no-account feeling that hangs on, after you get up and begin to go about. The sooner you get your strength back the better, and you should derive valuable assistance, in enriching your blood, renewing your appetite, helping you to digest your food, and to build up your system, by taking

# ZIRON

### The Scientific Iron Tonic

Mr. Ervin Horton, a prominent citizen of Horton, Ala., writes: "I have been taking Ziron, and it is a wonderful medicine. It helped me more than anything else, after I had the influenza. It is a great system-builder. I appreciate what Ziron has done for me." The merit of Ziron has been proved by the good results obtained by thousands of men and women who have taken it. You should try Ziron. Your money will be refunded if the first bottle of Ziron fails to help you.

Ask your druggist for Ziron. Accept no substitutes. ZJ. 2

### Marionville

Special to the News.

Rain is the order of the day.

Hardie Campbell called on Miss Myrtle Pitman Sunday afternoon.

Misses Emma Pitman and Lizzie Davis called on Mrs. Foster Bryant Monday afternoon.

School is progressing nicely at Burroughs Chapel with Miss Ruth Foster as teacher.

Miss Myrtle Barker and Mr. Pete Tate were seen going up the road Sunday afternoon.

Eph Pitman and Clarence Burklin visited Dan Pitman at Victoria Sunday.

Crit Pitman called on Lester Pitman Sunday.

Crit Pitman and Hardie Campbell were hog hunting Monday.

Miss Emma Campbell is a good looking girl so a certain boy thinks.

Miss Myrtle Pitman is a nice looking girl so Hardie Campbell thinks.

Crit Pitman and Emma Pitman visited Lizzie Davis Monday.

Miss Myrtle Barker and Mrs. Hoback were making candy Monday afternoon.

Hardie Campbell is a good looking boy so a certain girl thinks.

Leonard Pitman visited his parents at Inman Sunday.

Landa Pitman and Leonard Pitman visited Tom Davis Saturday. Daisy

### RICHARD CITY

Special to the News.

Visiting is the order of the day.

Come on Saylorville and help us out. Everybody down here voted and ye

writer was the head woman.

The death angel visited the home of John Lowery and took from him his beloved wife. She was laid to rest at the Beene cemetery Sunday evening.

Mrs. K. G. Dobbins and Miss Lina Alton went to South Pittsburg shopping Monday.

The little son of Mrs. Mattie Stewart is very sick with fever. We hope for him a speedy recovery.

Mrs. Bettie Wooley is on the sick list this week.

Mrs. Sarah Herron visited Mrs. R. G. Dobbins one day last week.

Mrs. Lettie Griffith visited Mrs. Mattie Alton Monday.

Ye writer was sorry to hear of the illness of Mrs. A. A. Rogers. Hope she is well by now.

Mrs. John Herron is very sick with whooping cough. Hope it will speedily recover.

Come on all of you writers, we like to read your pieces.

Rabbit.

State of Ohio, City of Toledo, Lucas County, ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE.

FRANK J. CHENEY, Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1888.

A. W. GLEASON, (Seal) Notary Public.

Hall's Catarrh Medicine is taken internally and acts through the Blood on the Mucous Surfaces of the System. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O. Sold by all druggists, 75c.

Hall's Family Pills for constipation.

## Upon the Shoulders of these Ten Men Falls Southern Red Cross Leadership



ADVISORS AND COUNSELLORS FOR THE RED CROSS IN THE SOUTHERN DIVISION. They compose the membership of the advisory board for the Southern Division of the Red Cross, which supervises and suggests the administration of Red Cross work. The picture was taken at their first conference in Atlanta, and shows, besides members of the board, several Red Cross executives. In the picture, left to right, are: Hon. Eugene R. Black, chairman of the board; Dr. Livingston Farrand, of Washington, D. C., chairman of the Central Council of the American Red Cross; George E. Bennie, of Nashville, Tenn.; C. B. Bidwell, of Atlanta; Hon. Richard I. Manning, of Sumter, South Carolina; back row, C. F. Lambeth, of Thomasville, N. C.; Legare Davis, of Atlanta, assistant manager of the Southern Division of the Red Cross; Colonel Alex R. Lawton, Jr., of Savannah; J. L. McMillin, manager of the Southern Division of the Red Cross; and D. T. Edwards, of Kingston, N. C. Members of the board not in the picture are W. B. Wilbur, of Charleston, S. C.; Howard E. Harkishelmer, of Jacksonville, Fla., and Rev. T. S. McCallie, of Chattanooga, Tenn.

## "GREATEST MOTHER IN THE WORLD" IN FOURTH RED CROSS ROLL CALL

### PUBLIC MEN AND WOMEN BY THOUSANDS LAY PLANS TO BREAK ALL MEMBERSHIP RECORDS

#### SOUTHERN DIVISION WORKERS ARE ACTIVE

Terse Review of What Red Cross Has Done and Now is Doing on Peace Working Basis

Atlanta, Ga., Oct. 30.—Public spirit of men and women by thousands in the five states of the Southern Division of the American Red Cross, are laying their plans to break all membership records for the Red Cross when he Fourth Annual Roll Call is held from November 11 to November 25.

From every part of Georgia, Florida, North Carolina, South Carolina and Tennessee comes the report that community after community is organized on the Roll Call, and that many are only awaiting the word "Go!" to get their quota of members on the very first day.

The Roll Call is expected to be started by the renewal of memberships by every chapter worker in the division. There are 123 chapters organized for the Roll Call, and many more that are expected to complete their organization before Armistice Day, when the Roll Call opens.

#### The Roll Call Opens

Memberships in the Red Cross are of five different classes, the annual: the contributing, \$5; the sustaining, \$10; the life, \$50; and the patron, \$100. Any one can join under any one of these different classes in the Fourth Roll Call.

#### Basis of Quotas

Quotas for the Fourth Roll Call have been based not on population, but on the plans of the different chapters for the coming year and their actual financial needs. The money, too, will be spent largely right where it is subscribed.

Of the annual memberships of \$1, fifty cents is kept by the chapter; of the contributing membership of \$5, \$4 is kept by the chapter; of the sustaining membership of \$10, \$8 is kept by the chapter; of the life membership of \$50, and the patron membership of \$100, the chapter sends the entire returns to Washington, where the interest is used to carry on the national work of the Red Cross.

To those who are not as familiar as others with the work of the Red Cross since the war, a brief review will give an idea of what the Red Cross has done in the past two years and what it expects to accomplish in America in the next few years.

#### The Man in Uniform.

It has held, course, as its first and most sacred duty its obligation to the man in uniform and to the men who fought and served for America in the world war. Red Cross has continued to serve the American Expeditionary Forces in Germany. Red Cross has continued to keep up its service to the 25,000 men at American military posts, at all of which it maintains a personnel to help out the boys in difficulties of bonus and back pay and transportation and the like, to help in family problems, to assist them in recreation and entertainment, to be, in short, the same "great mother" to them that the Red Cross was to the man overseas in 1917 and 1918.

Besides such service, Red Cross has given its care and attention to 53,000 former service men taking treatment in United States public health hospitals, it has put practically every man blinded in the world war into the Red Cross Institute for the Blind at Baltimore, it has kept in touch with 60,000 returned soldiers and their families to give them help when it was most needed. For the fiscal year ending last June 30, it spent \$5,000,000 in military relief in the United States, exclusive of money spent by chapters in similar service.

That much for Red Cross work with

the military. To other citizens—the afflicted, the diseased, the disaster-stricken—Red Cross has been the friend, the shield, the helper.

Red Cross health work has been one of the prime factors in its peace program, and will continue to be pushed on an even greater and more universally beneficial scale. One has but to mention the 15,000 Red Cross nurses who were on duty during the influenza epidemic last year, to inspire the people to rejoin the Red Cross, if only to carry on such splendid work as this.

#### 15,000 Health Centers

Then there are the health centers the Red Cross has inaugurated in about 15,000 communities, through which health education has been spread, disease checked and many of the 750,000 annual deaths in the United States from remedial causes prevented. More than one thousand Red Cross nurses are working in the rural communities of America, where their services are most in demand. More of this work than ever will be done by the Red Cross next year, and it is hoped to put a public health nurse in every county where the need is great and the people sufficiently interested.

Much other splendid work has been done and will continue to be done by the Red Cross in teaching people how to get well and keep well. There are First Aid classes of the Red Cross, which taught more than a million Americans last year what to do before the doctor comes. The toll of deaths in America from accidents each year is more than 100,000, of whom 7,000 are drowned. The Red Cross has been particularly active in the South in organizing Life Saving corps to stop such lamentable and preventable loss of life as this. Many Southern papers in the past year have carried accounts of rescues at beaches and lakes where life was saved by Red Cross first aiders. Other classes of this character that have accomplished splendid work are the classes in home hygiene and care of the sick, and classes in home dietetics, in which last year more than 90,000 women and girls of America learned how to care for the sick people in their homes and what is best for the family to eat in order for the members to keep well and strong.

#### Right On The Job

Disaster relief has been the job of Red Cross for many years past. During the Wall street explosion no so long ago, Red Cross was on the job with doctors and nurses almost as soon as the police and as a result a number of lives were saved out-right and many wounded people kept from being invalids and cripples for life. People in the South will recall the numbers of times when Red Cross has been the only relief and helper in time of flood and fire in several communities. In the 39 years of its existence Red Cross has given relief in 250 floods, fires, tornadoes and other disasters and last year alone it gave aid to more than 30,000 unfortunates in 150 different communities.

While so much has been done by Red Cross in America in the last two years, it has not stopped administering wise, economical but unstinted aid to starving peoples in other lands. By fighting typhus, cholera, tuberculosis and other horrible diseases in fever-ridden European countries, Red Cross has saved thousands of lives, particularly those of women and children who had no one else to turn to save the "greatest mother in the world."

This is the sort of work the Red Cross has been doing. This is the sort of work it will continue to do, if the people of America will join "one hundred per cent" in the forthcoming Roll Call.

## TENNESSEE WORK ALONG RED CROSS LINES INSPIRING

### "Greatest Humanitarian Organization in the World," Says Chapter Leader.

#### HEALTH SERVICE IN STATE

Fourth Red Cross Roll Call Quickens Interest in All Sections

Atlanta, Ga., Oct. 30.—Concrete instances of the value the American Red Cross has been to the state of Tennessee in the last two years, or since the signing of the Armistice, will be cited by Tennessee Red Cross leaders in making their appeal for Red Cross members in the Fourth Roll Call, November 11 to 25.

"We do not have to ask the people of Tennessee to join the Red Cross simply because it is the greatest humanitarian organization in the world," says on Tennessee leader in a letter to division headquarters. "We have prepared reports to show them exactly where Red Cross has been 'the greatest mother' not only to the world, to America, to the United States, but to the state of Tennessee and the people of Tennessee."

He enclosed a report showing that the 102 chapters of the Red Cross in Tennessee have been most active, not alone in "finishing the job" by caring for ex-service men and the interests of their families, but in fighting diseases in county after county, striving to better social as well as health conditions in the principles of health, patriotic service and good citizenship.

The report shows that Red Cross work among soldiers and ex-soldiers has not lessened in any considerable degree since the war ended. Altogether, from January, 1919, up to June of this year, Home Service sections of the Red Cross in Tennessee dealt with 66,050 cases and gave financial aid to the total of \$32,455.04.

#### Aiding the Disabled

"The chief problem on hand at present is the disabled man and his difficulties with compensation claims, getting medical attention and adjusting insurance matters," he wrote. "The Home Service secretaries have given invaluable service in this connection, but particularly noteworthy has been their tact and real human interest in the individual."

One of the most pronounced activities of the Red Cross in Tennessee has been to fight disease and suffering through Public Health Nursing. Thirteen such nurses, supported wholly or in part by the Red Cross, have been placed in the state. Health has also been advocated by the installation of no less than 168 Red Cross classes in Home Hygiene and Care of the Sick, with the result that 1,811 Tennessee women and girls have taken this course and are well versed in how to take care of sick people in their homes and to keep home healthy and clean. The Red Cross has also conducted 38 Dietetics classes in Tennessee in which 563 pupils were taught.

Other health work by the Red Cross in Tennessee includes the establishing of a Health Center in Knoxville, relief of influenza and typhoid victims throughout the state and the inspection and instruction of many children in health matters.

The Red Cross also has three nurses serving in field units who give service in a number of communities, with the co-operation and help of the respective chapters.

The Red Cross has 102 chapters in Tennessee and 1,372 branches, with approximately 55,000 members altogether, standing third of the five states in the Southern division in point of membership. Ninety of the chapters have Home Service secretaries, 25 of whom are trained social workers paid by the chapters. Two social surveys have been conducted in the state by the Red Cross, one in Franklin county, as the result of which a county-wide program is now under way, and another in Putnam county.

## CLASSIFIED ADVERTISING

Advertisements under this head One Cent a Word. No advertisement inserted for less than 25c.

### WANTED.

#### FARM WANTED

Wanted to hear from owner of farm land for sale worth the price asked. L. C. JONES, Box 551, Olney, Ill.

## Attention

Be sure and ship your hides direct to the Tannery. High best market prices and quick returns always guaranteed. ROBERT SCHOLZE TANNERY, Chattanooga, Tenn.

### NOTICES

NOTICE—No real estate transaction is complete until the deed is registered. Protect yourself. Delays are dangerous. Bring in your deeds at once. K. D. CURTIS, Registrar of Deeds, Jasper, Tenn.

NOTICE—I am agent for Cortright shingles, and will quote prices on application. W. C. Hill, Sequachee, Tenn.

NOTICE—Will grind regularly every day at new mill south of Sequachee. Will install feed grinder about Dec. 1. GOODIER & HOLLOWAY, Sequachee, Tenn.

### FOR SALE

FOR SALE—Used sewing machine, "Standard," also baby buggy, wheeled, in good condition. Will sell cheap for cash. Mrs. A. L. ROBERTSON, Phone 71, Jasper, Tenn.

FOR SALE—Two mule colts 5 months old and one horse colt year old past, cheap. See at farm or call 4904, Jasper. JOSEPH B. HARRIS, Inman, Tenn.

FOR SALE—Pencils, pens, penholders, colored crayons, lumber crayons rubber bands, etc., at News office.

FOR SALE—Composition books, time books, ledgers, note books, at News office.

FOR SALE—Oliver No. 3 Typewriter Ribbons, all colors, 75c postpaid, at News office, Sequachee, Tenn.

FOR SALE—Cement, at News office, Sequachee.

FOR SALE—Envelopes with name and address printed thereon, 60c per 100; by mail 65c. News Publishing Co., Sequachee, Tenn.

FOR SALE—Roofing cement or paint, good, heavy quality, in any quantity. W. C. HILL, Sequachee, Tenn.

## Ebenezer.

Special to the News.

Dry and cool weather seems to be the order of the day.

Mr. and Mrs. Bill Brown spent Sunday with Jim Haley and family Sunday.

Mrs. Virgie Hancock made a call on her aunt, Mrs. G. W. Spangler one day last week.

Herbert Webb and family visited I. N. Lambert at Guild Sunday.

Paul Kelly is still wearing smiles and chewing brown mule and hauling crossties.

Oscar Spangler and family visited his parents, Mr. and Mrs. Bill Spangler Sunday.

J. L. Webb and wife visited his parents, Mr. and Mrs. Herbert Webb Saturday night and Sunday.

Miss Rhoda Hope made a call at Mrs. D. C. Kelly's Sunday afternoon.

Misses Mable and Sarah Kelly spent the day with their aunt, Mrs. E. J. Lowman Sunday afternoon.

Wm. Webb and Paul Kelly were out at Sunday school Sunday.

The stork visited the home of Mr. and Mrs. John Rauneeville and left them a nine-pound girl. Papa is wearing a smile that can't be straightened.

Mrs. M. C. Wells and daughter, Margaret, and Lillian Hancock made a short call on W. G. Spangler Sunday evening.

Mr. and Mrs. Albert Brewer visited friends and relatives at Richard City part of last week.

Mrs. I. N. Lambert from Guild, Tenn., visited her mother, Mrs. Sam Webb, Monday night and Tuesday.

Mrs. D. C. Kelly made a short call on Mrs. S. H. Wells Monday.

Come on, Saylorville, and give us all the news.

A certain girl says she sure loves to see Houston Wells bat on her back. Rosebud.

Read the News.

### "The Tire Trouble Hospital"

## Usher Vulcanizing Works

SO. PITTSBURG, TENN.

Re-Treading and Vulcanizing Correctly Done EVERY JOB GUARANTEED

WE SELL Fisk, Mason and Republic Tires...

Tires for repair may be left at News Office, Sequachee, where advice concerning same will be cheerfully given, and shipment made to shipper.

## FOR SALE PAPER BAGS

ALL SIZES

News Publishing Co.

SEQUACHEE, TENN.

## SEQUACHEE WATER WORKS.

RESIDENTS of Sequachee have all the privileges in connection with water service equal to any first-class city. The supply is taken from Cumberland Mountain from springs 350 feet in elevation. Three miles of pipe are now laid.